

Good health influences everything from how well a child can learn to how much an adult can earn. Our goal is to ensure that all North Texans have access to nutritious food, quality health care, a safe place to call home and the chance to lead healthy productive lives.

Goal Help people live healthy, productive lives by 2020.

Progress 340,367 living healthy productive lives.

We set goals and measure progress in the areas of **Education, Income and Health**—the essential components of a thriving community. We invest in the best community programs, identify local problems that aren't being addressed and develop innovative solutions for them. Our focus on health covers three distinct areas:

Healthy Living

\$5.4 million

to promote sobriety, mental health, nutrition and fitness, as well as provide access to primary care

NEED

28% of children and 69% of adults are still overweight or obese



PROGRESS

133,000

people served are eating right and exercising

Family Violence Prevention

\$2.8 million

to prevent child, domestic and elder abuse

NEED

70,000 children are still victims of abuse



PROGRESS

27,000

families received child abuse prevention services

Healthy Moms & Babies

\$627,000

to promote healthy births, well child visits and timely immunizations

NEED

8% of infants are still measured as low birth weight



PROGRESS

33,000 children received well child exams

Photo: Thanks to United Way, Dustin and 55,000 kids like him were able to access healthy meals at summer meals locations.

UNITED WAY PROGRAMS

